

S.I.H.A Tribune

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Orientation Programme
2019-20 on 20-June-2019

Workshop on Learning and Development

Mr. Donald, Senior Lecturer Attended the Workshop on Learning and Development on 20-June-2019



conducted by The Oberoi Bangalore.

AATIDONJI KOOA 2019 - Tulunadu Traditional Fest **Aati's culinary delights tickle taste buds at Sarosh College**

The essence of the culinary delight associated with the month of Aati was celebrated by Sarosh Institute of Hotel Administration, Mangaluru on August 3 2019.

The Chief Guest Lion Kadri Navaneeth Shetty., Principal Prof. Amar Z Cherian, Senior Lecturer Veda J Rai, Joel Lobo, President Nitin Kamath and Secretary Rachel Crasto were present.



Inauguration Ceremony of
Aati

The programme began with the Lamp Lightening Ceremony, Prayer and the Inauguration of the programme was done by playing Channemane (a traditional Tulunadu indoor game played during aati).

The major attraction was the lunch, with mouth-watering dishes of Tulunadu. The dishes included Panaka, Manjal iretha Addey, PelakayAddey, Kottige - Padengi Ghasi, Thimare Chutney, Tevu- Ambade Chutney, Ettidapodi Chutney.



Aati Games

Student Council Election Date: 03-July-2019



THEME DINNER - MASQUERADE NIGHT. Date: 31-August-2019



SWEARING-IN CEREMONY & FRESHERS DAY

The Swearing-In ceremony of the students council was held on Saturday, July 13, 2019 at "Utsav" - College Auditorium, S.I.H.A Mangaluru.

The council was inaugurated by **Dr. Parvadhavardhini Gopalakrishnan** Principal, Yenapoya Institute of Arts, Science, Commerce and Management.



Teachers Day Celebration
SIHA Celebrated Teachers day on 5th September 2019 at Auditorium.





Onam Sadhya: 7-Sept-2019



Blood Donation Camp. Date: 13-Sep-2019



Christmas Cake Mixing Ceremony 2019

The first step towards making the cake is the mixing process, formally called the cake-mixing ceremony. SIHA celebrated Christmas Cake Mixing Ceremony on 31st October 2019 with the mixing of ingredients and soaking them for Christmas Cake.



Independence Day 2019

Sarosh Institute of Hotel Administration Celebrates India's 73rd Independence Day on 15th August 2019 in the Campus. Mr. Uday Menon, Ms. Dhanya Menon, Ms. Veda J Rai, Student Council President Mr. Nitin Kamath, All Teaching and Non-Teaching Staff and Students were present. Ms. Veda J Rai, Senior Lecturer hoisted the Indian flag.



Guest Lecture

A Guest Lecture was conducted by Dr. Ruban S. Professor at Aloysius Institute of Management and Information Technology for the VII Semester students on 30th July 2019, on the topic Research Methodology.



Food Trivia

- Which condiment is traditionally served with fried seafood in the United States?
Answer: Tartar Sauce
- What Third World product is actually a staple in the American food industry?
Answer: Palm Oil
- What Third World product is actually a staple in the American food industry?
Answer: Palm Oil
- Which of the following fruits actually comes from an herb?
Answer: Bananas
More information: The plants which produce bananas are actually herbs, not trees, since they are not composed of wood.
- Visiting which fast-food joint has become a Christmas tradition in Japan?
Answer: KFC
More information: Kentucky Fried Chicken is so popular in Japan during Christmastime that wiser customers actually order their holiday meals in advance to avoid spending hours standing in line.
- What food is Hummus made from?
Answer: Chickpeas
- What is the proper title for a person who makes pizzas in a pizzeria?
Answer: Pizzaiolo
- Immersing food in vinegar to prolong its lifespan is known as what?
Answer: Pickling
- Which is the largest food and drink company in the world?
Answer: Nestlé
- Which beverage is advertised as being "Sports Fuel"?
Answer: Gatorade